

QC

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YOU CAN IMAGINE

**GUY VANDERHAEGHE
BRINGS THE PAST TO LIFE
ON HIS OWN TERMS P. 6**



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INVENTORY

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GRANDMOTHERS 4 GRANDMOTHERS

Selling handmade crafts made a world away is just one way a Regina group raises thousands of dollars to support families in Africa who struggle with issues surrounding HIV/AIDS.

Grandmothers 4 Grandmothers Regina is one of dozens of volunteer groups that raise money to support grandmothers who care for orphans whose parents died as a result of the African AIDS pandemic. The Regina group, which holds fundraisers throughout the year, supports The Stephen Lewis Foundation's Grandmothers 4 Grandmothers Campaign.

The Regina group imports and sells items made by women who rely on the sale of items like stuffed toys, decorated greeting cards, soap and clothing. All prof-

its go toward charitable efforts. Items are available at events throughout the year and by contacting Sheila McKague at sheila.mckague@shaw.ca. Grandmothers 4 Grandmothers Regina will be on hand at the Westcoast Fine Craft Sale, which runs Nov. 15/16 at the Consensus Arts Centre.

1. STUFFED BEAR: Kenyan Kikuyu Bear made in rural Kenya. \$25

2. POUCH: Design pouch with zipper, made in Malawi. \$15

3. SOAP: Made from shea butter and cocoa in northern Ghana. \$7

4. GREETING CARD: Made in Malawi. \$5 (\$5 for \$20)

5. NECKLACE: Made by farmer for tools workers in Freetown Sierra Leone. \$30



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Boundaries Commission Community Meeting

Métis Nation-Saskatchewan is seeking the voice of its citizens on proposed changes to its regional boundaries at a series of community meetings across the province.

Métis citizens are invited to participate in a community meeting in Regina on November 13, 2013 to discuss changes to the governance model and structure options, and how new boundaries need to be defined (e.g., size, location, cost, Métis population).

For more information, contact Tyler Feltch, Manager,
Intergovernmental Affairs: 306-343-8285.

Tuesday, November 13, 2013, 7-10 p.m.
Wingate by Wyndham
1700 S Broad Street

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ON THE COVER PG. 6



Guy Vanderhaeghe, shown here at the University of Saskatchewan recently, won the Lieutenant Governor's Arts Award for Lifetime Achievement. QC PHOTO BY MICHELLE BERG

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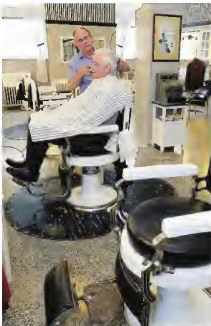
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MY FAVOURITE PLACE PG. 5



Jim Hunter gets a haircut from barber Dennis Aron at Dennis Barber Shop in the Hotel Saskatchewan. QC PHOTO BY HELEN SCHLOSSER

QC COVER PHOTO BY MICHELLE BERG

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IN THE CITY

8 NOVEMBER 7, 2013 — 10:44 A.M.

Remembering heroes



Campbell Collegiate High School students gathered for a Remembrance Day ceremony at night. / GC PHOTO BY SEAN SCHUBERT

Do you have a favourite place in Regina?
Contact us at QC@leaderpost.com or on Twitter [@qcregina](https://twitter.com/qcregina)

MY FAVOURITE PLACE

Friendliness key to barbershop

By Ashley Martin

As CEO of Regina Airport Authority, Jon Hunter is a busy man who finds himself in the spotlight more in the city on times to grow.

Since moving to Regina in 2008, Hunter has made Dennis's Barber Shop at the Hotel Saskatchewan his barber of choice. They make him look good there and, more importantly, he likes the people and the atmosphere.

Q: Is it difficult to find a nice barbering?

A: It is. I just shaved for a while but then I found the barbershop at the hotel and I saw the shoe shine, which is an important part of it as well, and decided to give Dennis a try. And he, as I strictly knew right away what I needed and what I wanted and I've been going back ever since.

I've been going there for years now and I wouldn't go anywhere else.

Q: Why does Dennis's place important?

A: When you forget how things were at the same time it's good. A shoe shine, especially in the winter around here, is some thing that's a real pain to the neck to do yourself. But does a wonderful job.

Q: How does Dennis's compare to others you've gone to?

A: I like the atmosphere in the place. It's a little older, it's kind of vintage at other places I've been to and Dennis is a great guy. He's a lot of fun, very funny guy, great sense of humour and he does a great job.

(I go) about once every three



Jon Hunter's favourite place in Regina is Dennis's Barber Shop. It's a place where he can relax and enjoy a laugh with barber Dennis Dennis. (QC PHOTO BY HELEN SCHUBERT)

months. He gives me a hair wash and then a cut and trim and all that kind of stuff. The older you get the more important your routine becomes.

I spend a lot of time with (media people), especially on television, so I've always con-

sidered it important to look half decent, and Dennis always does a good job, so that's why I go.

Q: What does a girl like when you're there?

A: It just feels like coming

home a little bit. I always enjoy going there because I get a lift, because there's a great sense of humour going on and there's always things to chat about.

They just have the two chairs, they run the other

chair and there's not too many people there. I usually go at the end of the day so I'm not disrupting any work day.

Dennis has always got something to say about something and of course so do I, so we're a great pair that way. (We talk

about politics, sports, that kind of thing and just the usual stuff. We tell each other jokes too, some of which can be repeated.)

Dennis is a great guy (And it is the experience. It's more than just a haircut.

ON THE COVER

He can still write a really hard-hitting, beautiful short story too.

— David Carpenter

GUY VANDERHAEGHE

Author brings the past to life on his own terms



Writers tend to shed short stories as things that writers dish off when they have some time on their hands. There can be nothing further from the truth. — Guy Vanderhaeghe. GC PHOTO BY MICHELLE RING

By Jenn Sharp

Being a writer must be wonderful. A bolt of inspiration hits you, and your words flow effortlessly onto the page, springing from a bottomless well of creativity.

If only it were true.

Not every idea works. Not every

thing is inspiration, says Saskatoon coach highly celebrated writer, Guy Vanderhaeghe. Novice writers need to learn that.

"Even if you have a good idea, if you don't have the ability to realize that idea into words, it can't be conveyed as job by a reader."

For 46 years, Vanderhaeghe has

taught a popular class on creative writing. When his students at St. Thomas More College at the University of Saskatchewan approach him with dreams of becoming professional, he tells them to get disciplined and learn the craft of writing.

After 46 years writing, Vanderhaeghe has had time to develop dis-

cipline. He's accumulated accolades along the way, including a Governor General's Award and a Saskatchewan Book Award. He's best known for his historical novels. CBC made a miniseries based on *The Englishman's Boy*. *The Last Crossing* was a finalist for the Governor General's Prize. In 2003, he was awarded the Saskatoon

own Order of Merit and made an Officer of the Order of Canada.

Recently, Vanderhaeghe received the Lieutenant Governor's Lifetime Achievement in the Arts award, the province's highest arts honour.

Beyond the accolades, he's sharp and humorous, says longtime friend and fellow writer David Carpenter.

He gives (our history) contemporary relevance. I think that's the responsibility of a literary writer who uses historical material for the backdrop. He's a model for all of us (writers). He does it the very best. — *Syrna Barclay*



Guy Vanderhaeghe, shown using the world third floor of the University of Saskatchewan library to conduct research for his next novel. QC PHOTO BY MICHELLE BENO

"It's very funny. You can talk with Guy for quite a long time and he just stays witty. He does brilliant impressions of people. He does the best Mike Tyson I've ever heard."

Vanderhaeghe's childhood was typical of a rural Saskatchewan upbringing. Born in 1903 in Esterhazy, he was an only child who spent a lot of time outside with his dog and his pony, using his imagination. Solitude would help him formulate the inner life of a writer.

He was often in the presence of grown-ups watching their world but unable to fully participate. He developed an outsider's point of view and a skill for observation, both of which served his writing.

"If you're a little kid and you keep your mouth shut, adults will forget that you're there and then start talking about all sorts of interesting things," he says with a sly grin.

Money played a huge role as well. He remembers going to the theatre with his mother, but he would often tell the staff to let him into films not rated for children.

"I was allowed by my mother to read any thing or see anything that I wanted to."

He would re-read the stories in his back yard, developing the characters in his own tale. His favourites were popular westerns and historical dramas, he loved to play cowboys and Indians.

His grandmother made him his first "tin dish" costume, an authentic-looking outfit with beads, a headband, feathers and tined moccasins. (He briefly lived for a time in the Caribou region of B.C., where Vanderhaeghe played with local stereotypical children.) True to Hollywood's stereotype, his pony was a Pinto.

Vanderhaeghe is happy to chat about his writing, job and childhood. But he's guarded as well. He prefers to meet at a coffee shop rather than his home, which says a lot about how much he values privacy in this brilliant age.

The writer termed Canada's "greatest chronicle of the West" by the Globe and Mail remembers agreeing to put ink to the page very early in life.

Continued on Page 10



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He has a great deal of intensity in him, which I think he vents and disguises with a great sense of humour. He absolutely knows who he is and what he has to do. — Carpenter



CBC shot the miniseries *The Chieftain's Boy* in Saskatchewan in 2006. Based on the popular novel by Guy Vanderhaeghe, the above shot was taken in the Quilleyville neighbourhood of Regina. RL116070

He wrote short stories throughout his childhood.

His obsession with reading and writing is passed off in high school, where it was viewed as an embarrassing hobby. He went on to earn a master's degree in history at the University of Saskatchewan (and later a bachelor of education from the University of Regina), yet a writing career "was always lingering in the back of my mind."

He worked as a freelance writer and editor in the mid-1980s, then taught high school English and history in Alberta. He also taught creative writing at the University of Regina.

It took a few years before he warmed up to historical fiction. He didn't want his readers as transfixed to equal the creative process.

"It took me a long time to figure out that in the terms 'historical novel,' the most important part of this equation is 'novel.' You're not writing history; you're writing a novel, which can be about history, but certainly should never pretend to be history," he says.

The challenge of writing historical fiction is accurately representing life's realities in the time period. What people ate and wore, their modes of thinking and their social attitudes can all add immensely to a story's believability.

"If you don't have a sense of that, you don't even really have a beginning point," he says. It all must be properly researched and then communicated subtly so it doesn't feel like information. Get a few of the details wrong, and you've lost the reader.

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He walked this fine line between warm and stern. He was nice but not in a hand-holdy way. I think it was just that he was really serious about the class. He commanded respect — Wendy Gilts



Guy Vanderhaeghe gave a talk on history versus the historical novel as the guest lecturer at the 25th Michael Vennart Memorial Lecture on Oct. 24 at St. Thomas More College in Saskatoon. *SG Photo by KATHY HENRIK*

It's even harder to watch the chronology of historically accurate events to a character's development. It's his seamless way of doing this that has made Vanderhaeghe one of the best, according to Byron Harding, a writer and chair of the board of directors for the Saskatchewan Arts Board.

Like parents to his passion for Saskatchewan and its people, and the way he sees imagery in his writing

to convey history.

"He gives (our history) contemporary relevance. I think that's the responsibility of a literary writer who uses historical material for the backdrop. He's a model for all of us (writers). He does it the very best," she says.

"To be able to write a character who's responding to what's happening around them and mesh that with what's really happening in the real

world takes a fair amount of juggling," explains Vanderhaeghe with the open smile that gives him his unique charisma.

Carpenter says Vanderhaeghe is incredibly disciplined, rising early to write and putting his craft first.

"He has a great deal of intensity in him, which I think he vents and discharges with a great sense of humour."

Continued on Page 18

GUY VANDERHAEGHE'S TIPS FOR ASPIRING WRITERS

Any writer has to be a little in love with language.

You must have the potential to develop your own voice. At the beginning, most write like the writers they admire, but at some point it needs to go beyond imitation.

Discover how you feel and think, and have the willingness to mix some of that in your work.

Discipline. Write daily whether or not you feel inspired.

"People learn to write by doing two things: Reading and writing."

To be able to write a character who's responding to what's happening around them and mesh that with whatever's happening in the real world takes a fair amount of juggling — Guy Vanderhaeghe

"I think that creativity survives from very well in a disciplined and focused life. He absolutely knows who he is and what he has to do," says Carpenter.

Vanderhaeghe feels lucky to have spent four decades working at something that interests him and that he likes doing. He's quick to critique his own work, saying it was "very raw" and didn't display much craft. How over it had energy.

"When you're younger and you're writing a first book, you may be getting 30 years of reactions, thoughts, lived experiences out of you. There's a reservoir there," says the man whose books have been translated into 11 languages (He calls best in French).

That energy is the reason he enjoys his students' work. In his intimate, 30-level creative writing class at the U of S, students have to read each other's stories and hate critiques prepared.

"If you can read something by someone else and offer suggestions about how it could be improved, then should be some carry over from that to your own work," he explains.

Wendy Gibbs, a reporter at the Toronto Star, was one of Vanderhaeghe's students.

He walked this line between warm and stern. He was nice but not in a hand-holding way. I think it was just that he was really serious about the craft. He commanded respect," she says.

While Gibbs doesn't remember her words at the time, something more important stands out.

"In the middle of one my stories I remember he wrote two words — Good writing! — above one paragraph. Not exactly effusive praise, but it's one of the most memorable feedback I've received."

Early in his career, Vanderhaeghe's 1981 collection of short stories *Men Descending*, won the Governor General award, beating Allen Meares in the fiction category. He immediately sent her a letter of apology — Meares was someone Vanderhaeghe had read to know how to write short stories.

"I was saying to her that a treasury

of justice had been consulted," he laughs. "She wrote back and said, 'I'm lovely of you to me, that.'"

But even Meares' talents became sharper over time. This fall, she was awarded the Nobel Prize for Literature.

"The early stories, you can say she hadn't become the supreme craftsman yet. Then you read a story like *The Poem of Utrecht* and you say, OK, she's learned. It's clear that this is a writer to contend with." Vanderhaeghe has undoubtedly learned himself. The life-time achievement award means a great deal to him — it's his first award not specifically for writing.

"It says to me that a story I thought my time hadn't been wasted for 40 years," he grins.

Carpenter says of Vanderhaeghe's biggest fans: admires the writer's style, scope and depth.

"The more he wrote after his first book (*The Trouble with Men*), the better he got. There was some stunning work (in *Men Descending*) that you just don't forget," says Carpenter.

"He can still write a really hard hitting, beautiful short story too."

Carpenter says Vanderhaeghe is a terrific storyteller, saying, "in the bar it's always a great treat to sit in close to him as I could feel the table."

Shelbi Gibbs once asked the two writers to help her celebrate spring on CBC radio's *The Morning Edition*. Vanderhaeghe told a story about growing up in the country side.

"I always knew spring was here, first of all when the ice had melted and you couldn't play hockey at the rink but mainly there was this huge pile of manure next to our house. When the storm started coming off this pile of manure, you knew it was spring," quotes Carpenter. "What a wonderful image of spring that was!"

Vanderhaeghe says he can take criticism so well.

"I've actually got a pretty thick skin," he smiles again.

"Remember that isn't honest and it's really reviewing. I can't fault people who don't like my work for saying that they don't like my work. If you want, before the bad review, you can't be



"There are a couple miles of very good woods in this country that are the equal of almost any national forests," says Vanderhaeghe. — Guy Vanderhaeghe, by photo by Michael White

leave the good reviews, either?"

Looking ahead, Vanderhaeghe is almost finished writing a new collection of short stories. A sought-after public speaker, he gave the Annual

Remembrance Lecture at St. Thomas More in Saskatoon last month and will give the Writers' Trust of Canada Blagden Lecture next year in St. John's, Nfld.

While he's cryptic about his likes for a new novel, he says it will be completely different from past books

that focused on the 1970s, a period Vanderhaeghe says was crucial to Canada's thought. It's safe to assume, though, that he'll stay with the historical fiction format that's earned him such adoration. Read on or count on future works springing from that mid-of-century

READ MY BOOK

LOCAL AUTHORS:
Writers tell us what makes their book
worth reading

JOYCE BEEK

Stories of growing up on the Prairies

The First Meadowlark is all about birds — not just my family but everyone's extended family. In today's affluent times the family is in dire need of bolstering, for it is fully acknowledged to hold the greatest value ever on our children. This also fits in a 1950s term is dedicated to my parents, Elmer and Jack Lee, hard working, adventurous pioneers willing to sacrifice for the betterment of their children.

Born Laura Joyce Lee in 1905, my childhood spanned the Great Depression. I grew up in Daughlin, Minn., on a farm near the Riding Mountain now well known for its national park. In those difficult years, back when there and other dry years suffered severe



Joyce Beek in 1950

drought, with no rain, little gardens and drifting top soil with animals dying for lack of water and food.

Our Daughlin area was not like that, however. With a little rain, 1950's Daughlin farms resulted in record farming. Cereals growing down from heavily eroded, hilly, Moscovian provided great benefit to the citizens. They had some crops, large gardens and enough water and food for their animals. Cows, pigs, chickens

and turkeys enriched the diet. We couldn't have asked for a finer cook than mom. Times were tough but so were the settlers.

Our grandparents traveled in the 1850s from the Owen Sound area on Lake Huron by ship to the Great Lakes in Daughlin, Minn., then went by American railroad to the Red River and north by steamer to Winnipeg. From there it was by co-cart to their homestead.

The First Meadowlark is a sequel of happy tales of my years growing up, describing our life through 30 separate but related stories. I cover topics like farming with horses, coping with severe weather, the Silverado Creek and its benefits. Life with five

older siblings — the trials and excitement, a week in a prison, women's life written by a cousin, children's games like snoring games, riding calves and playing tag/karate. Over the years, the Second World War during which our farm became a training school for Air Force pilots, general teaching in rural schools and one of my Regus classrooms in the 1970s.

At 94, it's a great Christmas gift for parents. Anyone from the 1950s will enjoy reminiscing with The First Meadowlark, available in Regina at Cat and The Piddle Antiques, 3420 16th Ave.

Joyce Beek is a former Regus teacher. She now lives in Daughlin, B.C.



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CITY NEWS

EDUCATION

Learning how sports affect life can be a real trip

By Andrew Matto

When Ecole Mannebourg de Lével moved into its new digs in the old Diderot College, Grade 11 student Kirk Jacques couldn't help but notice a change among students and staff.

Because he and his classmates often walked past construction zones as they walked and classrooms worked to clean their renovations earlier this year, the word among faculty and students just wasn't what it used to be.

That changed when the painters and plumbers left and, more importantly, the school soccer and basketball teams had a place to play.

"I have noticed definite improvement in school spirit. It's been interesting to see," said Jacques.

Jacques' affinity for sports and how it affects different areas of life is one of the reasons he's being sent to the Middle East to participate in a unique sports-related conference.

Two Saskatchewan teams are headed to Qatar for a series of workshops geared to promote the use of sports to help with everything from housing self-esteem to helping eradicate poverty.

Doha Goals 2015, a three-day event that begins Dec. 6, is hosted by leaders in Qatar to transform sports sports can be used as a tool to foster social progress.

Hosted in the capital city of Doha, 500 people will attend, including students, soccer athletes, celebrities, political and business leaders. The fifth annual conference is designed in a way that promotes the sharing among attendees from varied backgrounds.

"Basically if you take any topic using sports and stick the word 'sports' after it, that's what we're talking about here," said Jay Mukulichev, a University of Regina professor who helped choose the host students and will accompany them on the trip.

It will be a whirlwind, that's for sure. But all the kids are really looking forward to it.

Even though the conference might appear heavy on politics, she believes what the students will learn will be of great value

to their communities.

"What they really want to do is go beyond the idea of a conference. They want to come up with actual projects that they can put in place in their own communities when they get back," she said.

Mukulichev supports the recent work of coach leaders who are using their deep pockets from old projects to host and pay for the travel of attendees, in order to support improvements in the lives of their citizens.

"Even though they are a very rich country, in several ways they are still a developing country," said Mukulichev.

She said the students were guided for their involvement in sports and contribution to their communities, as well as their willingness to help separate community events and share their ideas locally.

The another student and into Chance Bear of Lupton High School, Amanda Lowe and Shanna Lowe of McVie Community School, Tasha Rukhshin and Sheridan Bear of St. Joe Wm. School on Frank Lake, and Cole Allan, Makenna Murdoch, Mackenzie Johnson and Zachary Knappe of Vester Collegiate in Moose Jaw.

Jacques, who is a soccer and hockey player, was added to the list of recruits after he was asked by his principal to write an essay about his enthusiasm for sports. The 16-year-old has always been interested in sports, but he's also been curious about issues related to physical activity.

"When you compete in a solo sport, you face issues like setting personal goals for yourself. But when you play a team sport, there is a lot more to it, like team spirit, sportsmanship and making as a member of a group," said Jacques, who hopes to study kinesiology after high school.

"These sorts of issues are interesting to me."

Jacques, who in recent years has challenged himself to play new sports at school, such as long distance running and soccer, said he noticed the value of sports at school. Serving his school soccer team has been particularly motivating to him.

"Now that the renovations are almost done and we're able to have our sports teams again — we've had some success," he said.



His appreciation for team sports is a different arena of life at Ecole Mannebourg de Lével. Grade 11 student Kirk Jacques is in the running to attend a unique sports conference in the Middle East to discuss ways to use sports to

NEXT WEEK: Did you (or will you) put your child in sports?
Email QC@leaderpost.com

PARENT TO PARENT

Each week, QC gathers advice from parents to share with other moms and dads. This week we asked:

Did you keep your baby's name a secret during pregnancy?

"Absolutely. Everyone has a good or bad opinion of the baby's name (usually they are born because they find that it's not harmful) before the baby isn't born yet, but it's painful. So save yourself the heartache and keep it a secret! I learned this lesson with baby number 1 and kept the name to ourselves until baby two was born."
— Jennifer Barback

"Yes! Both times. (People) are more likely to tell you that they don't like it before the kid is born than after. As well, I knew too many people having babies around the same time. I didn't want them to steal my name."
— Tawnya Parker

"We kept it a secret until he was one in day old to make sure it suited him after he was born."
— Roberta Vassquez

"Yes. We weren't interested in anyone's opinion before it was a done deal."
— Pamela Richardson

"Yes! I also knew the gender of my second baby (my doctor didn't even know). So right before the delivery I told my doctor we were going to have a baby girl named Layne."
— Shelley Stash-Henrich

"Yes kept that close a secret. A friend once told me that one wedding party can ruin a name for you. She was right. I listed a few names on family and they stalked them. So once we decided we never told anyone."
— Alesia Todd-Cornel-Schaefer

"I don't think we decided upon a name until the very last days, so it was even a secret to us."
— Carla Camacho

"We chose to name our twin boys after our dad's and grandfathers. We told a select group of people beforehand to make sure it was OK to use these names. The pride and honour we shared with these people when we revealed the names can't be described."
— Michelle Grosdick

*I did not keep the baby names we picked a

secret however when my daughter was born I decided on a different name than the previous names we had chosen."
— Mikko Mehlig

"No, we did not share the names until they were born. We chose to not find out the sex of both of our babies. For both, we had boys names picked out but couldn't agree on a girl's name which must have been for a reason because we had two boys."
— Shelly Lambert

"With our first we did not keep the name a secret. We told everyone. Then at 36 weeks my cousin got a puppy which she named the same name as I had picked for our baby. When I asked why she used the name she chose she said she had heard it somewhere and really liked it but couldn't remember where. I was devastated."

Baby ended up coming at 30 weeks and we had not yet picked a new name! After that we used the names people said they were born."
— Nicole Spence

"Yes and we took some flack, but I appreciated people's reaction because our daughter has a more unusual name."
— Jenna Petrows

"They were such a big secret. We didn't even know what the names were until the kids were born & told us what they wanted to be known as. This newborns can talk. You just have to listen very closely."
— Judy S

"With our first baby, we found out we were having a girl, so we kept the names to ourselves to keep a surprise for our friends. With our second, we didn't know what we were having, but since this pregnancy would be our last, we still decided to keep the names to ourselves."
— I think it's fun to keep that little secret."
— Janelle Harlow

"We kept the names secret for the first and second baby. Third baby already has the name which we told people well that's the name whether boy or girl."
— Alyssa Camacho-Hill

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ately, the store's staff can fully empathize with its customers. "Everybody at our store is a hobbyist," said Cook. "My work here because it's what we do at home and we enjoy it."

Cook's own interest in the hobby that inspired him and PNE. "I've worked in the pet trade for about six or seven years," Cook said. "I've got 30-odd replicas at home and 12 fish tanks. It's something that I really enjoy, and I'm frustrated having to go out of town to get what I need for."

He says that the species for sale at PNE are often easier to care for than the dogs and cats that people usually regard as pets. "On the reptile side, they tend to be really, really low maintenance," he said. "If you don't have a lot of time, they're great pets because you don't have to let them out to run, you don't have to feed them twice a day — a lot of reptiles only eat every couple of days, or every week or two weeks."

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The store's invertebrates also require little attention. "They're not necessarily quite as handy as some other stuff — they're not mean or aggressive, but they really don't care if you take them out or not," said Cook. "They're very easy to care for, and they don't take up a lot of space."

"The fish are a little bit higher maintenance but not by much," Cook said. "Generally, for fish, you buy them because you find them interesting, though some are very interactive. When it comes to salt water, coral is a big thing. That's what I'm into. The saltwater corals, the invertebrates and all the rest of the things that are totally different from everything else out there."

In order to let customers interact with the store's species in a safe and comfortable setting and gauge whether a particular pet is right for them, chairs are posted in the reptile room at the front. "The chairs are in there so that people who are looking at an animal can sit down and actually play with the animals, they're thinking about getting and make sure that they actually like the critter," said Cook. Even so, there are plenty of other interesting sights to enjoy in the store. "The odd person steals a chair, sits in front of the fish tanks and watches them."

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GARDENING

GARDENING

A gardener's reflections of rural Ukraine

By Sara Williams

Thousands of settlers arrived from western Ukraine to homestead on the Prairies. Visiting that area for two weeks earlier this fall, I reflected on the landscapes' similarity.

Even after centuries of being tilled, the soil is still black and deep. Although deeply affected by the legacy of colonization during the 19th century, Ukraine remains the breadbasket of Europe. There are fields of wheat, sunflowers, rye, buckwheat, oats, pumpkins and sugar beets. Some growers use mechanized implements. Other fields are small and for the most part hand-cultivated, some with the help of horses.

We drove through small towns and villages with the houses fronting the road, each neatly fenced and often with a fancy gate. Most had a small orchard in front with a few apple and pear trees laden with fruit. We tasted our fair share. And the wheat bread? Not only eaten in the north and cranked open, the fresh masha was delicious. Everyone should eat a fresh wheat before they die.

The cherries had long been picked and dried or canned. Late grape harvests were evident everywhere. Green and purple, large and sweet, they are a far cry of what we get in our grocery stores. They are eaten fresh or made into jelly and wine. One wonder how the Ukrainians must have hated self-inflicted with such a sense of pride and joy, were evident in yard goods and harvest.

Each home boasted several acres of vegetable gardens many times with a small lawn and pasture behind. Families often had a pig or one or two cows as well as chickens and geese. There were large pumpkins galore with hundreds of pumpkins sold lying in the sun.

This was a beautiful year for apples. Along with potatoes and beans, they were evident on roadside stands



Fresh and canned fruit and mushrooms from the bountiful harvest was for sale at a roadside stand in rural Ukraine. PHOTO COURTESY SARA WILLIAMS

along the highways and in markets. We passed more than a mile of large trucks full of apples lined up along the roadside. All were waiting for buyers to be unloaded at a packing facility and for the green trucks once again to arrive.

Wild forest mushrooms were also for sale at stands along the roadsides. It was a beautiful year according to everyone. We stopped. The temperature had fallen to 3 C over

the past several days. The old ladies were in their headscarves, rubber boots and multiple layers of sweaters and coats. The mushrooms were available either canned in brine or dried. Some of our group wondered, did they really know the difference between the good ones and the poisonous ones? The ladies indeed knew what they were doing. These wild mushrooms were inconspicuously delicious.

Although many of the less remote rural towns and villages now have paved roads, individual wells with their decorative well covers were very much in view. And their extensive summer kitchens like those of our grandparents, in which the fruit and vegetables are canned, pickled, jellyed, jammed and fermented into wine and liqueurs to be stored in a cold room or cellar for the winter.

Visiting a village home, I was

questioned in detail (through a translator) about what I grew in my own garden. I told off the vegetables, row by row. And how did I keep them for the winter? I was okay until I came to the tomatoes — still a rarity in many of the more remote villages. My dad goes off to these Ukrainians, their gardens and their skills.

This column is a translation of the last article from the Ukrainian Society for the Study of the Ukrainian Diaspora (ukrainian.org.uk).

EVENTS

MUSIC

Wednesday, Nov. 13

Wednesday Night Public Last
Meatmen in Brixton
 Buxtonville
 2206 Dewdney Ave.

Jam Night
 Every Wednesday
 McNelly's, 2226 Dewdney Ave.

Little Miss Higgins
 The Exchange, 2431 8th Ave.

Jayden Stubby
 Diana Desjardins, The Pump, 641 Victoria Ave. E.

Thursday, Nov. 14

Savoy Robinson
 Casino Regina, 8803 Sask Dr.

Diana Desjardins
 The Pump, 641 Victoria Ave. E.

Friday, Nov. 15

Savoy Robinson
 Casino Regina Show Lounge
 8803 Saskatchewan Dr.

Diana Desjardins
 The Pump, 641 Victoria Ave. E.

Electric Soul
 Orymations, 1947 Scotch St.

Big Chill Friday
 The Lancaster, 4529 Gordon Rd.

Jeffers Brothers Band,
 Speed City
 McNelly's, 2226 Dewdney Ave.

Saturday, Nov. 16

Big Bad Blues
 McNelly's, 2226 Dewdney Ave.

Hammett, Blackgates,
Metalcore!
 The Exchange, 2431 8th Ave.

The Celtic Tenors
 Casino Regina Show Lounge
 8803 Saskatchewan Dr.

Diana Desjardins
 The Pump, 641 Victoria Ave. E.

Pravetvich
 Performing Arts, Q1 Q2N
 and Emilio Del Centro
 9 p.m., Centre for the Arts,
 2850 Hillside Dr.

Sunday, Nov. 17

The Bakcons
The Motorcade
 The Club at the Exchange,
 2431 8th Ave.

The Natas
 Regina Symphony Orchestra
 free concert
 2 p.m., JPL Central branch,
 2311 12th Ave.

Monday, Nov. 18

Monday Night Jazz & Blues:
Shane Beech Blues Duo
 Buxtonville
 2206 Dewdney Ave.

Tuesday, Nov. 19

Jam night
 Every Tuesday, 8 p.m.
 Buxtonville, 2206 Dewdney Ave.

Aleksand, Trifirov,
Gyrophorus
 The Exchange, 2431 8th Ave.

By Deline Right
 Orymations, 1947 Scotch St.

ART

Group Exhibition
 Nov. 12, 8:30-7:30 p.m.
 Neveveva Gallery,
 2645 Albert St.

Pool Me Twice
 The technique of bronze pool
 — "Scoring the eye"
 Nov. 12-Jan. 19
 ARTS+Talk, Nov. 19, 4 p.m.,
 RPL Film Theatre
 Opening reception Nov. 15, 7
 p.m., Central Gallery
 Dunlop Art Gallery — Central

March, 2013-2014 Ave

To The Garden:
Water Country
 Until Nov. 19, 10th Floor Art
 Gallery, 2016 Halifax St.

Passages
 Tom Fife and Laura Hale
 Nov. 15-Dec. 14, Myrta's
 Centre Crossing, 1821 Albert St.

Andrew Selinger
The Accusations
 Until Nov. 22, Art Gallery of
 Regina, Neil Sakwila Civic Arts
 Centre, 2430 Elphinstone St.

U of R Masters of Fine Arts
Graduating Exhibition
 Until Nov. 23
 MacKenzie Art Gallery,
 3475 Albert St.

Greatest Hits: The Joint Tour
 of Canadian Art
 Until Nov. 24, MacKenzie Art
 Gallery, 3475 Albert St.

Christmas Art Gallery Show
 and Sale
 Saskatchewan Art
 Nov. 25-Dec. 1 Art Gallery of
 Regina, Neil Sakwila Civic Arts
 Centre, 2430 Elphinstone St.

Speculate by Belinda Kriks
 Until Dec. 3, MacKenzie Art
 Gallery, 3475 Albert St.

Quitting for a Cure
 Kirk Gibson Gallery
 Until Dec. 10
 Reception: Nov. 12, 3-8 p.m.
 Cumberland Gallery, Lyndalve
 Building, 3405 Legislative Dr.

Drawing Our Connections
Together
 Until Jan. 5, MacKenzie Art
 Gallery, 3475 Albert St.

T. The Professional Native
Indian Artists Inc.
 Until Jan. 12, MacKenzie Art
 Gallery, 3475 Albert St.

Glen Neufeld: The Chandeliers,
The Trance-Art, the Peacock,
the Greyhound and My

Goodweather's China Cabinet
 Until Jan. 12, Dunlop Art
 Gallery — Sherwood Village
 Branch, 1821 Dewdney Ave. E.

The Artists of
Scott Nicholson Fine Arts
 New exhibitions quarterly
 Until July 21, 2014, Regina
 Centre Crossing, 1821 Albert St.

Assiniboine Gallery
 2356 Smith St. Open Tuesday
 to Friday 10 a.m.-5:00 p.m.,
 Saturday 10 a.m.-5 p.m.

COMEDY

Jest For Laughs Comedy
 Your Damn House, Tarrapapa,
 Always Inside
 and Omy Adams
 Nov. 10, 7:30 p.m., Context
 Arts Centre, 200 Lakeshore Dr.

Comedy Band
 Every Saturday night
 McNelly's, 2226 Dewdney Ave.

THEATRE

What Would Jesus Do?
 North American Premiere by
 Golden Apple Theatre
 Nov. 12-16, 8 p.m.

The Arsenals, 2627 13th Ave.

Barry and Beaul
 Nov. 14 and 15, 7 p.m.
 Town Collapsing,
 288 Apple St. N

Tackle... A Football Play
 Nov. 14, 15, 16
 Weekly shows until Dec. 21
 Apocalypse Summer Theatre,
 1975 Broad St. Lower level

Moscow Ballet Great
Kusnetsov Ballet
 Nov. 18, 7 p.m., Context Arts
 Centre, 200 Lakeshore Dr.

Children's Letters to God
 School Musical
 Nov. 19-21, 7 p.m. Miller High
 School, 1827 College Ave.

SPECIAL EVENTS

Canadian Western Agriculture
 Nov. 11-16, Kinsmen

Canadian Cowboys'
Association rodeo Finals
 Nov. 12-16, Brandt Centre,
 Ivana Place

Canadian Football 160
 With Gerry Thompson, former
 Regs. Thunder coach,
 Nov. 13, 7-8 p.m., RPL, Clon
 Branch, 1821 Dewdney Ave. E.

Science Pub
Wear of The Superhero
 Presented by the Regina
 Qu'Appelle Health Region
 Nov. 14, 7 p.m. (room opens at
 5, arrive early) Buxtonville,
 2206 Dewdney Ave.

Grey Ghosts Art and
Gift Sale
 Nov. 15, noon-5 p.m.
 Nov. 16, 10 a.m.-5 p.m.
 Free Admission and parking.
 Waterloo Rehabilitation Centre
 main floor, 2810 - 23rd Ave.

Winteregreen Craft Show
 Nov. 15, 11-3 p.m.
 Nov. 16, 10 a.m.-5 p.m.
 Nov. 19, 10 a.m.-4 p.m.
 Context Arts Centre, 200
 Lakeshore Dr.

Women's basketball
 U of R vs. Sask, Nov. 15,
 6:15 p.m., U of R Centre for
 Kinesiology, Health and Sport

Women's hockey
 U of R vs. AB, Nov. 15, 7 p.m.
 Ceperations Centre

Men's basketball
 U of R vs. Sask, Nov. 15,
 8 p.m., U of R OHS

French Social Club
 Nov. 16, 10-11:30 a.m.
 U of R Institut Canadien

Grey Cap Fall Gala Party
 Learn the ins and outs of
 football, make a watermelon
 helmet and practise water-

poling, adults only.
 Nov. 16, 2 p.m., RPL, Clon
 Branch, 1821 Dewdney Ave. E.

Women's hockey
 U of R vs. Alberta
 Nov. 16, 3 p.m., Ceperations
 Centre

Women's basketball
 U of R vs. Saskatchewan
 Nov. 16, 8 p.m., U of R OHS

Men's basketball
 U of R vs. Saskatchewan
 Nov. 16, 7 p.m., U of R OHS

Celebrate Grey Cup!
 Football stories and songs
 Kinsmen, 11-16, 11-16, 11-16
 Family program
 Nov. 17, 2-3:30 p.m., RPL,
 Central Branch, 2311 12th Ave.

Green is the Colour, Football
in the Green!
 Stories, songs and rhyms
 about football, paper craft,
 fun games
 Nov. 18, 10-10:30 a.m.
 RPL, Sherwood Village Branch,
 1821 Dewdney Ave. E.

Football 121 for adults and
other beginners
 Nov. 19, 7-8:30 p.m., RPL,
 Central Branch, 2311 12th Ave.

Football 121 for adults and
other beginners
 Nov. 19, 7-8:30 p.m., RPL,
 Central Branch, 2311 12th Ave.

NEW MOVIES

The Best Man Holiday
 Comedy

Nakeda
 Drama

Galaxy Cinema
 420 McCarthy Blvd. N
 306-522-5056

Cineplex Odeon
 3020 Gordon Rd. (904-585-
 3343)

Regina Public Library Theatre
 2311 12th Ave. (306-777-6104)

ASK ELLIE

Investigate the reason behind diminished passion

Q: I married a wonderful man — loving, affectionate, fun and responsible. However, he has one position.

He's not as interested in sex as I am. He's often "cuddly" but I usually initiate sex.

Even when he does initiate, he's not passionate in the moment. My sex drive's lessened because I feel self-conscious.

He's super-reverent and doesn't like to discuss it, instead he gets really upset. I've ended up in tears and he responds little.

We have each other, but I can't imagine how we'd go years without strong desire and passion.

I've tried sexy clothing, asked what he likes, to little effect. I'm young, attractive, and fit. He's not into porn or anything else that affects a healthy sexual relationship.

Sex and passion weren't an issue at the start. A few months in, he was in an accident, which made sex difficult. It's been an issue since.

Now I feel that it isn't going to change. It's affecting my self-esteem and probably his, too.

Beccanor, Rosenthal

A: It's telling that you mention the accident almost at the end of your story. Look closer at what's happened to him.

He's been deeply altered by that accident and its impact on sexual difficulty — whether from fear, anxiety about pain or performance, or an actual physical change.

Help the accident and get psychiatric.

Tell him you're worried about him, and want him to have a health check. Don't base this on your sexual needs, but on his well-being. If he won't go, talk to his doctor yourself about how this accident could've affected his responses.

Q: My husband got angry because after I cooked him dinner, I said it'd be nice to be served a meal sometimes.

I cook all the meals, do most of the house cleaning, and he watches the dishes. He thinks it's a lot of work. I disagree.

Cooking involves meal preparation, planning and inventory — so it's more work than washing dishes.

I'm a feminist, and cooking and preparing every meal for my husband makes me feel taken advantage of because of my gender — as though it's a woman's job to do all this extra work.

When we married, he was interested in eating healthfully and I thought well there she cooks, but that's since waned. I have him,

Ask Ellie



but he doing all this isn't the job I pictured. After this discussion, he said I embarrass him too much and need to change.

I grew up around a family who put each other and makes positive suggestions, so I'm nervous about nearly everything, so it seems so and assure to me to set this up.

I experienced some emotional neglect as a child and have poor self-esteem and I suppose that's why I set this up to others. I feel horrible that I've hurt him but I don't know how to change.

Fennell and Critch

A: You're exhibiting two separate issues:

1. That emotional neglect doesn't give you a pass on being critical and passive-aggressive. If you have something to discuss with your husband, so-called "jeers" and sarcasm aren't helpful. Hurting close people won't raise your self-esteem, just cause more hurts both ways.

2. Discuss division of labor at home. Think of options — hire cleaning help, if he works and won't do it. Buy some prepared food from a health-oriented deli (they're increasing in many towns). Make a batch of healthy soups/salads when an occasional "I'll back willing to help" shows up in exchange for more relaxed meals the next few weeks.

Find solutions, not watercooler and excuse or.

Q: My boyfriend of three years and I started as good friends. We love and respect each other. I'm 35.

I cheated on him while on vacation. He merely passed through my mind. He didn't want to break up. We worked things out, but when I'm away from him I still wonder what else is out there.

Should I spend more years together or sort myself out and see if I'm better suited with someone else? I want him to let me go, but am staying for his sake.

So Unsure

A: You're conflicted due to caring for him. But it's not the stuff of lasting love — at least not now.

You've already noted out a desire for wider experience. Staying will ultimately hurt him more, you'll check again, and part unpleasant ways.

Take a break for at least six months, likely longer. Be friendly when you meet, but don't keep up constant contact or keep re-making the decision.

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#ORIONPARADIS

Industry evolution is music to producer's ears

By Andrew Matte

A new career came calling when substitute teacher Orion Paradis stopped recording dance music and swapped his CD to perform as a DJ at local events.

With the evolution of the music industry already underway in 2005, Paradis discovered that his talents were in demand by Regina musicians, for whom his money record deals were more elusive than ever.

Today Paradis has nearly a decade of experience as owner of SoundBoard, a one-man studio that has taken space with Regina's dance music scene. Paradis is a married, first-born son of a Toronto DJ.

Paradis, who is married to his girlfriend's Misty Wenzel, is among a small group of local entrepreneurs who serve as a link between artists and their art.

Q: What sort of DJing did you do?

A: At the time, we were recording using drum machines and synthesizers. And when we performed, we'd go back and forth playing our own music. It would be like a DJ but we'd be playing our own recorded music.

I started to have interest in the whole dance scene. Everything gets to a certain point and then it gets comfortable. I had taken it as far as I wanted to... and then I got motivated to work on a few different music projects. I didn't really know what I was doing other than from my experience of music and recording stuff.

Q: Why did musicians approach you to help record music?

A: Doing all that early recording and doing all that remixing brought me a lot. I was being trusted because when you mix stuff, you're listening for the

best bits of the songs, the things that really get your attention. And you have a really wide palette because you can sample anything that's from the past. So you end up having a large music vocabulary.

Q: What was the first album you produced?

A: Where it really started to roll was with a guy named Justin Lefebvre. He runs a punk rock label called Harvest King Records. He came to me to make the first record with his band at the time, which was called Acoustic Fox, which was just him and his brother. And we recorded it in a basement of my house.

That was an important time because my wife, Misty, had had enough of me being in the house. It was too disruptive. So she said that we had this space in the back of the Paradis house, really even though it wasn't really a career for me then.

Q: What exactly do you do on these projects?

A: It varies depending on the project. I am a producer on projects when I add something to help with arrangements and I'll say, "This isn't working. You need to do this."

When I don't call myself a producer is when I give a hand input and they don't accept it.

I won't be heavily involved in writing lyrics or playing instruments. But I will be helping out on the side by either I might bring someone else in who can do things I try to connect musicians sometimes.

I tell people that I don't work in the music industry. I work for people who want to work in the music industry. I work with independent bands. I run a music studio, which is different than working for a record label.

Q: What's your approach in recording music?

A: I tend to record as many parts live at once. And if there's something we need to keep up or replace, we can go back and do that. And it's much quicker. And it's better because that way, the musicians are under pressure to perform. So it gives you a stake in playing it well.

Q: What do you see for the future of popular music?

A: There is definitely a struggle to find ways to make money that people still want to make music. That's why I try to keep it affordable so people can keep doing it. And I hope I can keep doing it too. But I realize that at the end of one of these projects, there isn't likely to be a lot of money. Back in the day, the budget for a record would be \$250,000. Now that records are being made for \$10,000 or \$50,000.

What you are seeing here is the new reality.

When big money is involved in anything, you attract a lot of people who are interested in fame, money or whatever. But when you get to a state where there's not a lot of money in it any more, you have people who are making me who because they love it and are able to find a way to do it.

Q: What do you see for the future of the recording industry?

A: The music business isn't going anywhere. It's just still finding where it's going. It's going to be smaller, it's been a very difficult process and we're still going through it. I think things have shifted to people who are real music fans.

Back in the day you had more hits into music because that's what all the other kids were into... music is still a part of life.

andrew@entertainment
Twitter @andrewmatte



Orion Paradis operates SoundBoard at music studio in Regina. QC PHOTOGRAPH ANDREW MATTE

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Final Deadline

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Illustration by Kristina Smith



TRACY JOHNSON

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SPACES

SASKATCHEWAN'S BEST SPACES

Hotel renovations offer fresh, garden feel

By Angelina Irlinici

WHO: Lynn Flary, general manager of Saskatoon's Hilton Garden Inn

WHAT: Hilton Garden Inn's downtown Saskatoon location is the only Hilton Garden Inn in the world that was transferred from a previous hotel, so its layout is different from other Hilton Garden Inns. The hotel was converted and opened its doors as a Hilton in 2009. Of the 180 rooms, 12 are spa suites, the majority of which have business views. The lobby, which is open to the public, now includes a Starbucks, plenty of easy seating and a large fireplace. "The lobby is designed to be a very social area, meant to be very alive," Flary explains. (Steps Lounge is not part of the Hilton brand, but exclusive to the Saskatoon location. A few extra additions have been made, including coffee maker, buttermilk french toast and fresh-baked waffles. In the lobby for guests. Since each room has a microwave and fridge, the hotel pantry is stocked with fresh and frozen foods like salads, fruit and microwave dinners.

WHERE: Six years after the initial conversion, Project Glow was set in place. The restaurant and lounge were renovated just over two years ago, and lobby renovations immediately followed. The suites are being renovated floor by floor with an expected completion date of this summer. Flary says that hotels generally renovate every six to eight years.

HOW: The hotel aims to provide patrons with a peaceful and relaxed atmosphere — "an earthy garden feel." Green lawns and olive trees are prominent colours and the nature theme is apparent. Garden art hangs on the walls. A small dog statue, nicknamed Milton, greets guests as they walk in. While the Hilton Garden brand provided Flary with a design template (the suites came, for example) she made modifications for the rooms, like adding ottomans and choosing the fabric for chairs. A general contractor and designer were hired to renovate the lobby restaurant and lounge. Saskatoon staff designed the rooms themselves. Since Steps Lounge is exclusive to this location, Flary has control over the look. It is being updated with a gas fireplace, large bar and plenty of seating.



QC PHOTOS BY MICHELLE BERG

OUTSIDE THE LINES

Colouring contest

Each week, artist Stephanie McKay will create a Sketchy scene-inspired illustration meant to please kids of all ages.

Children can colour the picture, have a picture taken with the finished product and email it to go@leaderpost.com by 9 a.m. Monday.

One winner will be chosen each week for a \$25 gift card from Domino's Pizza.

Please send high-resolution pictures and include the child's name and contact information.



Last week's QC colouring contest winner was **Tristan Emma McNeil**. Congratulations! Thanks to all for your colourful submissions. Try again this week!

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SHARP EATS

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SOUP OF CHOICE

Saskatchewan's best new soup spots

By Jenn Sharp

Nothing soothes the soul like a bowl of hot soup on a cold November day. Making soup isn't difficult, but making good soup is an art. It's easy to throw in too much salt or the hopes of disguising old leftovers. An honest flavour that comes from the ingredients themselves makes for an admirable bowl.

Here's a roundup of the newest spots serving the chowder soups in Saskatoon and Regina.

CAFE DESP

170 Broad St., Regina

This little slice of artisanal heaven serves "healthy fuel food" in Regina's warehouse district. The cafe shares space with a trendy home decor store, while a yoga studio, poetry shop and antique mall are all nearby. The daily chalkboard menu always includes a fresh soup like the vegetables, gluten-free butternut squash and pumpkin here. It was delicious and creamy, but not too heavy. And — surprise — I didn't taste much (or any) salt!

Soup of the day features: \$5.75

DISCUTS AND BROTH CAFE

1800 Hamilton Street, Regina

Yan Ma opened his little shop in downtown Regina just three months ago. Along with fresh, homemade soups are sandwiches, chai, cookies, muffins and popcorn. He has 40 soups on rotation and changes the daily choices every night. I loved the chering dal potato, a rich soup with small bits of potato and plenty of dal.

Small soup: \$5

Large soup: \$7

SOUPLOUS CREATIONS

19-200 Broadway Ave., Saskatoon

Soupulous is chef Simon Reynolds's (of Simon's Fine Food) way of offering his catering service and cooking classes. The daily gourmet heat and serve soups range depending on what's in season, but always expect to find gluten-free, dairy-free, vegetarian and vegan options. Salt is never added. Reynolds also makes full, rich and hearty soups for those craving an indulgence. Buy a few for your freezer or take a hot soup to go. I bought a fire-roasted tomato and basil (a recent visit! Reheated, it was incredibly full of flavour, with a subtle heat undertone). Despite the veg stock base and lack of flour, it was surprisingly thick.

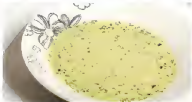
Other Simon meals like butter chicken and lasagna are available along with homemade chutneys, pesto, pasta sauces, focaccia bread and desserts (such as Reynolds's famous butter toffee pudding).

12 oz. soup: \$6.50

16 oz. soup: \$9.50



Butternut squash soup with fresh bread from Cafe Desp, located in Regina on Broad Street. QC Photo by JENN SHARP



Cherry chili and potato soup from Discuts and Broth located on Hamilton Street in downtown Regina. QC Photo by JENN SHARP



Vegan-style tomato basil soup from Soupulous in Saskatoon. QC Photo by JENN SHARP

WINE WORLD

#QUAILS' GATE

Enjoy subtle pleasure in Quails' Gate Chasselas

By James Romanow

If you were to ask M. Pomeroy, owner, the famed gourmet and restaurant owner of Le Guide, what he thought of Chasselas, he would likely grimace, give a polite shrug, take some time to get his bearings — the almost as famous Pomeroy Pinot — then cautiously suggest, "they are a nice eating grape." And this is as close to most Canadians' taste to the grape. If you're not a green grape, particularly from Turkey, you likely ate Chasselas.

However, it's also vinified in the Alsace, Swi and and Hungary with some success, and rather to my surprise, also by Quails' Gate of the Okanagan. They seem to be making a specialty of sparkling trend, post-veranda years to ferment line of grapes.

Reprints of your line, this is also a blend of Pinot Blanc and Pinot Gris. Both grapes do very well in the Okanagan, wearing the skins and skins of outrageous weather rarely has any drawback of the above. I have to say I am very glad to see this blend in the grape variety.

If it is a new trend of variety to grow, you, a median body for those of you tend of less than green grapes and Pinot Gris. The slight off-dry palate works absolutely beautifully with modern cuisine. (We drink a bottle recently with this chicken and pasta recipe.)

If you are looking for a really crisp white or full Chardonnay (Gris) won't be your pick. It's



Quails' Gate Chasselas Pinot Blanc Pinot Gris 2012

down the middle, offering a slightly softer pleasure. As is usual with most B.C. wine, it's low in alcohol, a blessed relief in these days of over-mighty marketing as wine. This is a great wine to always keep in your wine fridge.

Quails' Gate Chasselas Pinot Blanc Pinot Gris 2012 ***
More wine on Twitter @jromanow

Crossword/Sudoku answers



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ON THE SCENE

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#SCOTIABANK GILLER LIGHT BASH



Book lovers were in their glory at Regent's first Scotiabank Giller Light Bash, which celebrated one of Canada's premiere literary awards. The Giller Prize held at The Artscape on Nov. 5, about 130 people were in attendance as the announcement of the 2013 prize winner (*Jarvis* by David Shields) was made. The evening's highlight was the announcement of the 2013 prize winner (*Jarvis* by David Shields) was made. The evening's highlight was the announcement of the 2013 prize winner (*Jarvis* by David Shields) was made. The evening's highlight was the announcement of the 2013 prize winner (*Jarvis* by David Shields) was made.



1. Janet Bailey and Shirley Holt: Edmonton
2. Sherry Campbell: president of Frontier College
3. Gail Bowen reads for the audience
4. Larisa Heggesvær
5. Aiden Macnab: Tom Richards and Bob Lazar
6. Bonnie Aassman-Whitton and Sharna Powers
7. Pat Noonan, Denise Todaro and Michael Fisher

QC PHOTOS BY DON HEALY

FASHION

What's your winter style?
Send a note to QC@leaderpost.com

#SASKATCHEWAN STYLE

Jan Henrickson: Supporting community through fashion

By Angelina Iritani

When Jan Henrickson goes clothes shopping, wherever she's trying on most first goes a list. She must be able to do downwind, facing day in whatever she has on. But don't be fooled—it's not just for spinners and snowbirds. Henrickson has managed to do the yoga pose in a green shirt purchased for a gala event in Las Vegas.

"Comfort is the main thing that drives my style. I have to be comfortable and simple. I mostly wear patterns I like to mix and match basics and I like simple classics," the former yoga instructor says.

But lately she's been trying on every a little bit more, to embrace the positive side part of her nature, she says.

"I was so practical for so many years of my life raising my children and I'm just kind of [exploring] that."

Plus, she spent many years in yoga pants. Henrickson is now slowly transitioning into blue jeans and more formal slacks.

Peace and serenity are the two driving forces in Henrickson's life, and her wardrobe follows suit. She has plenty of Lululemon clothing, but aside from that, the rest of her outfit was purchased from local businesses in Saskatoon. She says she feels better wearing clothing knowing that she's helping to feed the local economy.

Both her ring and bracelet tell powerful stories. After her 30-year marriage ended, her sister presented her with the ring—on the inside it reads, "This too shall pass."

"It was her support for me [when] I was going through a transition in my life. It reminded me that even that hard time will pass. It kind of replaced my wedding band and I wear it on my right hand."

The titanium peaceBOMB bracelet is made from bombs that were dropped in Laos during the 1960-70 Vietnam conflict, leaving Laos the most heavily

bombarded country per capita in history. Artisans in the country create the jewelry and sales go toward the artisan's fund, the community development fund and decrease of unexploded ordnance from the land. Buying the bracelet allows consumers to "buy back the bomb," the company. Article 22 writes on its website.

"These are what drive me. I want to bring about peace on the planet in some small way—in the way that I live my life," she says.

1. **SCARF:** Lululemon

2. **JACKET:** The Sandbar in the City

3. **BAMBOO SWEATERS:** Styward + Brown from Luna and Hill. "I'm allergic to wool so finding really great sweaters is challenging for me, but this one is so soft and comfortable."

4. **RING:** Made by a Toronto artist from St. Lawrence Market in Toronto. "I just love it because it's handmade by somebody."

5. **PEACEBOMB BRACELET:** Article 22 from Luna and Hill. "What a great transformation of energy from a bomb to peace bracelet."

6. **LEGGINGS:** Lululemon

7. **BOOTS:** Done from Manhattan, Canada. "I almost didn't buy them. I thought I was being a little extravagant. I have worn these directly since then—wherever I travel, people compliment them."



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